

# DISCIPLES CALLED & SENT

Official Newsletter of Commissioned by Christ

Sunrise at mission site in Lare, Kenya

## Embracing the Missionary Zeal

BY MICHELLE HAWORTH, EXECUTIVE DIRECTOR

Pope Frances called all Catholics to go out into the world and bring dignity and hope where it is lacking. Commissioned by Christ is playing its part by creating exceptional missionary experiences that help form families and adults in the Roman Catholic faith. In this newsletter, I'm pleased to share a brief recap of our fruitful 2019 year, including how missionaries helped provide a young girl with critical life altering surgery, rebuilt a home destroyed by fire, and harvested tons of vegetables for the food insecure. We invite you to be part of the exciting opportunities that 2020 holds for Commissioned by Christ.



CBC Mission Team onsite in Lare, Kenya

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## New CBC Chairman of the Board



Commissioned by Christ is pleased to announce that the Board of Directors elected M. René Islas, Chief External Relations Officer at Leading Educator, as the next Chairman of the Board. He replaces Fr. Jamie Workman who will remain on the board in the position of Chairman Emeritus. The appointment took effect in September 2019. CBC is humbled and grateful for Fr. Workman's dedication and wishes him all the best in his new role as Vicar General for the Diocese of Arlington.

CBC is excited to welcome newest board members Mike Carney, Vice President of Business Strategy at the Washington Nationals; Fr. Richard Dyer, Parochial Vicar at St. Veronica Catholic Church in Chantilly; Corinne Monogue, Diocesan Events Coordinator at the Catholic Diocese of Arlington; and Most Reverend Paul Loverde, Bishop Emeritus of Arlington as CBC's Episcopal Liaison.

A special thanks to former board member Ralph DiCicco for his 12 years of support and dedication. Ralph and his wife, Diane, were original CBC missionaries and have moved to New Mexico to be closer to family.

## CBC Impact 2019

**+1525** people served

**202** domestic missionaries

**105** international missionaries

**22** one day mission trips

**5** international mission trips

**1** domestic mission trip



GLORIA, CBC MISSIONARY



## CBC Volunteer of the Year: Mike Goodloe

CBC presented Mike Goodloe with “The Bishop Paul S. Loverde Missionary Award for Selfless Service” honor at the CBC Annual Benefit Reception on September 27, 2019 at St. Luke Catholic Church in McLean, VA. Mike has a long tenure of service beginning with the Peace Corps in Malawi in the 90’s. Mike explains that after retiring in 2012, “I reached a point where I understood that I needed to commit myself more deeply to Christ and be more obedient to him. This kind of thing is rather mysterious, and happens in the depths of one’s being.” Mike is a CBC missionary to the Dominican Republic, Kenya and Peru. “On every trip I’ve seen the transition that seems to take place from being a group of distinct individuals asserting their unique individuality to becoming part of a single entity. Everyone is still distinct but the distinctiveness is merged into a common purpose (a.k.a. the body of Christ),” reflects Mike.

**"If you want to serve the Lord, He will open doors for you to do that."**



## CBC Inaugural West Virginia Mission Trip

In November, CBC made its inaugural mission trip to Nazareth Farms. Teams built a wheelchair ramp and back porch, installed siding, gardened, cooked meals for the missionaries and staff, and spent Sunday afternoon making home visits to the local families.

# Her eyes lit up and you could see the joy on her face.

TOM  
CBC MISSIONARY  
& TRIP LEADER



My daughter, Ashlyn, and I had an amazing experience this summer while on mission with CBC in Kenya. One morning I noticed one of the school girls at the Mother of Mercy Secondary School with a deformed leg. Teresiah had been involved in a traumatic incident as a young child. Her right leg went untreated as her family saved up money for the costly surgery. When her brother and mother died tragically over one of the school breaks, Teresiah lost all hope for the repair of her leg.

Ashlyn and I were heartbroken, yet felt called by God in that moment. Together with a group of other CBC missionaries, we helped raise funds for the surgery. I'm happy to say that she is now recovering. She is excited about life. She is bright and I imagine the sky is the limit for my new friend. I look forward to seeing this incredible young woman continue to grow and experience what God has in store for her. When leaving, I gave her my rosary, which had been blessed by the Pope. I told her, "God has given us three great things - Faith, Hope and Love - and, as long as we have Christ, we have those things. Hope is never gone until we see Christ in heaven." Her eyes lit up and you could see the joy on her face.

I look forward to returning in July 2020 to see my friends, especially Teresiah. How exciting and invigorating to meet the new missionaries I will be going with, who may not know the life transformation they are going to experience! If you have not considered a mission trip with CBC, this is your invitation. God needs me and you to be his hands and feet. He will do the rest. If you cannot go, I ask that you consider sponsoring someone who can. I feel the blessing will be multiplied by your unselfishness. Thank you CBC for the amazing life changing experience you provide.





This summer I was privileged to participate in a CBC mission trip with my classmates at Bishop Ireton High School to Bánica, Dominican Republic. We mixed concrete, laid cement floors but also re-built a house for Ana May, a woman in the community, whose home had burned down months before. She had been living in a small shed-like structure for several months when we arrived. That week was not easy; it was hot, humid, and I had never experienced physical labor like that before.

Growing up in the 21st century, I've always been accustomed to using my phone. But there was no service in Bánica and that was one of the best parts. I've never laughed harder or played more card games than I did that week. This experience taught me how to have deeper and more genuine conversations with people.

Seeing the faces of the people we served was one of the best parts. They were so nice and grateful. One day after work, they made us food to thank us for all our hard work. The thing that struck me the most though was how happy they were. It made me realize that you don't need a lot to be happy. When I returned home, I realized that ordinary things to me were actually luxury items in Bánica. I realized how thankful I was for the things I had been taking for granted. That week taught me how to live in the present moment and to never judge people because of what they have or who their friends are. The most important thing was that I grew closer God and became a better Christian and child of God because of this trip. It was an unforgettable week and I will forever hold a special place in my heart for everyone on the trip and the people of Bánica.

**"Seeing the faces of the people we served was one of the best parts."**

REAGAN  
CBC MISSIONARY

# One Day Missions

Created to serve the needy in local communities, ODM's are monthly service projects for families and adults who desire to participate in the corporal works of mercy. Some communities we partner with include Catholic Charities St. Lucy Project, DC Central Kitchen, The Lamb Center, Great Harvest Food Bank, Missionaries of Charity and Mother of Light Center.

Tom, CBC Missionary  
& Trip Leader



CBC picked corn, broccoli and kale during the summer and fall for St. Lucy Project and Great Harvest Food Bank.

## 2020 Mission Trips Register Now



Fr. Miserendino, CBC Chaplain

- Rome, March 14-20
- Jamaica, April 18-25
- Peru, June 20-27
- Kenya, July 10-19
- Dominican Republic, July 11-18
- Nazareth Farms, dates tbd

Register for a mission trip or ODM at [www.commissionedbychrist.org](http://www.commissionedbychrist.org)

## Share Your Zeal & Love for the Roman Catholic Church

Join the CBC family of donors today! Help CBC and its missionaries continue to support and serve the impoverished with a one time or monthly donation.

Thank you for your continued prayers and generosity.

[www.commissionedbychrist.org/donate](http://www.commissionedbychrist.org/donate)

Your gifts help with:

- building supplies - cement, roofing, paint, tools, safety equipment
- food and clothing for impoverished families
- medical supplies, medication, home care visits
- transportation to mission sites, rural communities
- faith-based resources - Bibles, Mass kits, rosaries, religious medals and books

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